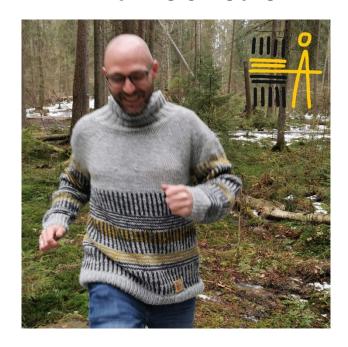
# Åmtanke sweater



Sizes: S (M) L (XL) XXL

Gauge on needle size 6 mm = 13 sts to 10 cm

Yarn: Fritidsgarn from Sandnes Garn or equivalent bulky weight yarn

Quantity of yarn for men's size XL: nine skeins in base color (G), four skeins in secondary color (S) and one skein in contrasting color (K).

Knitting needles size 4.5 mm and 6mm

#### Sweater size:

Men's sleeves: 50 (51) 52 (53) 54 cm

Length of body: 43 (44) 45 (46) 47 cm

Women's sleeves: 47 (48) 49 (50) 51 cm

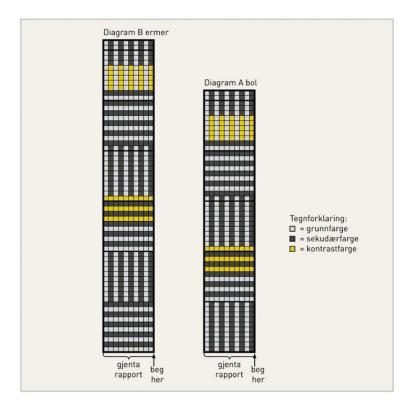
Length of women's: 41 (42) 43 (44) 45 cm

Width of all sexes: 93 (101) 110 (120) 129 cm

### Bottom edge:

Cast on 120 (132) 144 (156) 168 stitches in base color on needle size 4.5 mm. Work 7 cm rib - 1 knit st, 1 purl, etc. Then change to needle size 6 mm and work the rest in stocking st. Make a mark at the beginning of the round. Work according to diagram: (G=base color, S=secondary color, K=contrasting color)

The body should measure 42 (43) 44 (45) 46 for men and 41 (42) 43 (44) 45 for women. Finish earlier or extend with stripes to adjust the length. Place 7 (9) 10 (11) 12 stitches in each side on a stitch holder. Set the work aside and knit the sleeves.



#### Sleeves:

Cast on 34 (36) 38 (40) 42 sts in base color on double pointed needles size 4.5 mm and work 7 cm rib - 1 twisted K, 1 purl. Change to needle size 6 mm and work the rest in stockinette st. Lay out 2 (4) 6 (6) 6 stitches evenly in the first round, so that the number of stitches is 36 (40) 42 (46) 48. Put a stitch marker around the middle stitch under the sleeve. Work according to diagram, but increase one stitch on each side of the marker for every 8th round until the stitch number is 52 (54) 56 (60) 62.

Knit until sleeve measures 50 (51) 52 (53) 54 cm for men, and 47 (48) 49 (50) 51 for women. Place 7 (9) 10 (11) 12 stitches in each side on a stitch holder. Knit another sleeve in the same way.

## The yoke:

Knit the sleeves on the same circular needle as the body. Put a stitch marker at the first joint, which marks the beginning of the round. From here, knit with base color. Adjust the number of stitches to 198 (204) 216 (234) 246 first round.

Work 13 rounds for S (M) L or 15 rounds for (XL) XXL

Decreases - Work four sts, then knit two sts tog. Repeat around. Stitch number = 165 (170) 180 (195) 205. Work 5 rounds for S (M) or six rounds for L (XL) XXL

Next round - Knit three stitches, then two stitches together. Repeat around. Stitch number = 132 (136) 144 (156) 164. Work 8 rounds for S or 9 rounds for (M) L (XL) XXL

Next round - Knit two stitches, then two stitches together. Repeat around. Stitch number = 99 (102) 108 (117) 123. Knit three rounds before the last dec round - Knit one stitch, then two stitches together. Repeat around. Stitch number = 66 (68) 72 (78) 82 stitches.

Knit four rounds. On the fourth round, adjust the stitch number to 72 (76) 80 (84) 84.

Neck:

Work 20 cm rib - two twisted straight, two purl sts on needle size 4.5mm. Cast off loosely.

Assembly:

Weave in ends. Sew or knit together under the sleeves.